



Katherine Bagnall

About Me:

I grew up in Tamworth and then moved to Yorkshire where I lived for 10 years before moving back to the midlands. I now work in Burton and Tamworth in a Social Work team where we specialise in working with adults with a learning disability.

My Experience:

I decided to volunteer with SARAC after using the service myself. I am really passionate about the support that the team offers and the impact that this has on people in the local community. I took on the Trustee role having not done anything similar before, however as I come up to the 1-year mark, I am glad I became involved. There have been lots of challenges in the role that and it has a lot of responsibility that comes with it; however, I really enjoy being a part of the decision-making process that steers the charity as it is one I am so invested in. I often feel that I don't have enough time and that it could take up 40 hours of my week at least, but I hope that in the time I do have to spare, I can help keep the charity safe and ensure that it will be available to support those who need it in the future.

Why I volunteer:

I began volunteering for a support phone line at university in 2005, after I graduated, I worked in support settings with adults with learning disabilities. I had enjoyed offering support over the phone, so I completed my level 4 certificate in Person Centred Counselling. I spent time volunteering with different local charities, as this has always been important to me. I then began volunteering for SARAC on the helplines until I started another degree course which meant I couldn't commit to regular weekly slots.

